Articles of interest for IMSA students and families

“Age of Distraction: Why it’s Crucial for Students to Learn to Focus” By Katrina Schwartz December 5th, 2013

“School Stress Takes A Toll on Health, Teens and Parents” By Patti Neighmond December 2, 2013

“Raising Social Media Teens Means Constant Parental Learning” By Laura Sydell October 29, 2013

“Losing is Good for You” By Ashley Merryman September 24, 2013

“Even When Told True Risks, Kids Often Misjudge Them” by Nancy Shute September 10, 2013

“Parents' Harsh Words Might Make Teen Behaviors Worse” by Nancy Shute September 5, 2013

“College-Bound Kids And The Emotions of Primate Parents” by Barbara J. King August 15, 2013

“How To Turn Down The Heat On Fiery Family Arguments” by Patti Neighmond April 29, 2013

“Sleep Study Reveals How the Adolescent Brain Makes the Transition to Mature Thinking” University of California - Davis Health System March 18, 2013

“Neurologists Warn Against ADHD Drugs To Help Kids Study” by Nancy Shute March 14, 2013

“Sacrificing Sleep Makes For Run-Down Teens — And Parents” March 01, 2013

“Parents, Just Say No To Sharing Tales Of Drug Use With Kids” by Sarah Zielinski February 22, 2013

http://www.rocamora.org/publications/articles
“Three Huge Mistakes We Make Leading Kids...and How to Correct Them” by Tim Elmore  February 15, 2013

“How Parents Can Learn To Tame A Testy Teenager” by Patti Neighmond  February 11, 2013


“Why Some Kids Have An Inflated Sense Of Their Science Skills” by Shankar Vedantam  December 21, 2012

“Teenage Brains Are Malleable And Vulnerable, Researchers Say” by Jon Hamilton  October 16, 2012


“Helping Students Motivate Themselves” by Katherine Schulten  January 9, 2012

“Homesickness isn't really about 'home'” by Derrick Ho  August 16, 2010

“Young Teens Really Are Shortsighted, But Don't Blame Impulsivity” Society for Research in Child Development  February 9, 2009