Illinois Department of Children and Family Services: DCFS

- On this web site you will find timely information about Child Protection, Reporting child abuse and neglect, Foster Care, Adoption, Day Care licensing and other services provided by the Illinois Department of Children & Family Services (DCFS).

S.A.F.E Alternatives

- S.A.F.E. ALTERNATIVES® is a nationally recognized treatment approach, professional network, and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior. Self-injury is known by many names, including self-abuse, self-mutilation, deliberate self-harm, para-suicidal behavior, and non-suicidal self-injury.

National Institute of Mental Health

- The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery and cure. They have a variety of information, research articles, and resources for understanding the biological bases for mental disorders.

National Institute on Drug Abuse
• Education resources & materials on drugs of abuse like marijuana, ecstasy, smoking, steroids etc. This is geared toward the actual research on these topics and they have a section especially for students and young adults.

**National Institute on Drug Abuse: JUST FOR TEENS**

• Real stories, research-based facts on drugs, brain games, connect and interact with others. This site is designed especially for teens.

**NIDA: Club Drugs**

• Site deals specifically with research based facts and trends on club drugs like MDA (Ecstasy), Hallucinogens, Dissociative Drugs, Methamphetamine. To combat the increasing use of club drugs, NIDA and its partners launched a national research and education initiative, "Club Drugs: Raves, Risks, and Research" in December 1999.

**NIAAA: Rethinking Drinking**

• How much is too much? “Cocktail Calculator” What counts as “a drink?” What’s the harm anyway? The site has lots of other interactive stuff with links to actual alcohol research.

**“Talk. They Hear You.”**

• SAMHSA’s underage drinking prevention PSA campaign helps parents and caregivers start talking to their children early—as early as nine years old—about the dangers of alcohol.