## Articles of interest for IMSA students and families

<u>"College-Bound Kids And The Emotions of Primate</u> <u>Parents"</u> by Barbara J. King August 15, 2013

"How To Turn Down The Heat On Fiery Family Arguments" by Patti Neighmond April 29, 2013



<u>"Sleep Study Reveals How the Adolescent Brain Makes the Transition to Mature</u>
<u>Thinking"</u> University of California - Davis Health System March 18, 2013

<u>"Neurologists Warn Against ADHD Drugs To Help Kids Study"</u> by Nancy Shute March 14, 2013

"Sacrificing Sleep Makes For Run-Down Teens — And Parents" by Allison Aubrev

March 01, 2013

http://www.rocamora.org/publications/articles

<u>"Parents, Just Say No To Sharing Tales Of Drug Use With Kids"</u> by Sarah Zielinski
February 22, 2013

"Three Huge Mistakes We Make Leading Kids...and How to Correct Them" by

Tim Elmore February 15, 2013

"How Parents Can Learn To Tame A Testy Teenager" by Patti Neighmond February 11, 2013

"Why You Truly Never Leave High School: New science on its corrosive, traumatizing effects." By Jennifer Senior Jan 20, 2013

"Why Some Kids Have An Inflated Sense Of Their Science Skills" by Shankar Vedantam December 21, 2012

"<u>High School Daze: The Perils Of Sacrificing Sleep For Late-Night Studying</u>" by Allison Aubrey August 21, 2012

"Helping Students Motivate Themselves" By Katherine Schulten January 9, 2012

"Homesickness isn't really about 'home'" By Derrick Ho August 16, 2010

<u>"Young Teens Really Are Shortsighted, But Don't Blame Impulsivity"</u> Society for Research in Child Development February 9, 2009