

TO: IMSA Community

FROM: Student Council and the Office of Institutional Research

SUBJECT: Summary Results of the Quality of Life Questionnaire

DATE: May 21, 2018

During the 2017-2018 academic year, members of IMSA Student Council collaborated with the Office of Institutional Research to re-design the Quality of Life Questionnaire. The purpose of this survey was to gauge students' opinions on a variety of subjects across the Academy. It is the intention of Student Council to use this instrument and its results to better focus their attention on projects for the upcoming academic year. Students voluntarily participated in this survey on Tuesday, February 27th at their 10-Check in the Residence Halls. Overall, there were a total of 573 students who completed the survey.

Below are a few of the key findings obtained from this questionnaire. If you have additional questions, or would like a copy of the complete survey results, please contact the Office of Institutional Research via email at oir@imsa.edu.

Key Findings

- Students feel that both peer tutoring and study sessions are effective.
- Students skip breakfast most frequently due to running late in the morning or not having enough time. More specifically, 48 students indicated that sleep was more important than eating breakfast.
- Generally speaking, the hours of Sodexo are sufficient for students to eat, with the exception of the length of midday and the associated long lines. Overall students request a larger variety of food options, including choices that are more nutritious.
- Around two-thirds of students indicated that they use “**tethering/mobile hotspots after internet shutoff**” on either a daily or weekly basis, generally due to needing to finish their homework.
- Similarly, approximately three-quarters of students responded that the amount of homework they have influences what time they go to bed.
- Students that had met with the counselors indicated that the counselors were accommodating, available, and comfortable to approach. Those who have not met with a counselor suggested that they did not have a current reason to do so.
- About one-third of the students who responded to the survey responded that they have participated in SIR. While students were overwhelmingly positive about the new skills they have gained, students desire more communication and clarity surrounding the application process.
- Athletics at IMSA were rated favorably overall, with the open-ended responses suggesting that more funding/equipment are needed.
- Overall, around half of the students participating in this survey have considered leaving IMSA. In students' open-ended responses, they mentioned wanting to leave due to stress and/or mental health concerns, followed by a feeling of “not being good enough” for IMSA. However, relationships were the most influential component in a student's decision to stay at IMSA.
- Lastly, a large majority of students indicated that they were satisfied with their decision to attend IMSA.