

Vital Signs (7-8)

Program Materials

- 2 - Balloons, 9" or larger
- 2 - Bananas, firm (not overripe or mushy)
- 1 - Calculator, any basic kind (phone or computer will work)
- 1 - Cardboard box (around 12"x6") or cardboard scraps
- 4 - Cardboard tubes (paper towel or toilet paper)
- 3 - Carrots, full size
- 1 - Container or bowl, 2 cups or larger capacity
- 10 - Cotton balls
- 20 - Craft sticks, any size
- 2 - Cups, dixie
- 2 - Cups, plastic, disposable (any size)
- 12" - Dowel rod, wood, 5/16" thick
- 1 - Eye chart (or a printer to print one)
- 3 feet - Foil
- 1 - Funnel, any size
- 1 - Lens set, 3 concave and 3 convex lenses (differing thicknesses)
- 1 - Needle, curved (2" or 2.5")
- 1 - Notebook or scrap paper sheets
- 5 sheets - Paper, cardstock or construction
- 20 - Paper clips
- 3 feet - Plastic wrap
- 1 - Plate, any material
- 10 - Pipe cleaners
- 3 Tablespoons - rice, dry (or small pasta, beads, something similar)
- 1 - Tape measure, cloth
- 20 - Rubber bands
- 1 - Ruler, 12"
- 1 pair - Scissors
- 5 - Straws, bendy
- 5 feet - String, any kind
- 1 roll - Tape, scotch or masking
- 1 roll - Tape, duct
- 3 feet - Thread, any color
- 10 - Toothpicks
- 1 pair - Tweezers
- 1 - Washcloth (any material)
- 3 feet - Wax paper
- 1 - Writing utensil (preferably pencil with eraser)

Shopping List for some items that may not be easily available at your local store!

https://www.amazon.com/hz/wishlist/ls/AV3ZQSIY92CV?ref_=wl_share