

If You Were Exposed to Someone with COVID-19 (QUARANTINE)

<p>If you are up to date on vaccines:</p> <p>Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR Completed the primary series of J&J vaccine within the last 2 months</p>	<ul style="list-style-type: none"> • You do not need to Quarantine. • You must wear a well-fitting mask when you are around others, at all times at IMSA, including outdoors. • Test on day 5 after last exposure to positive case (in the health office) and continue to follow IMSA's COVID-19 testing schedule. • Take precautions around others and monitor your symptoms for 10 days. • STUDENTS - Go to the health office or notify RC by telephone if you develop any symptoms. • STAFF - <i>If you develop symptoms get a test and stay home.</i>
<p>If you are vaccinated but not boosted:</p> <p>Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&J over 2 months ago and are not boosted OR Are unvaccinated</p>	<ul style="list-style-type: none"> • Take precautions around others and monitor your symptoms for 10 days. • <i>Stay home for 5 days.</i> After that continue to wear a well-fitting mask around others for 5 additional days. • IMSA will allow students to commute to campus for classes only, on days 6-10, with strict mask mitigations. Access to residence halls will be restricted. (A room in one of the residence halls may be available for students who live more than 50 miles from campus, based on availability.) • Kane County Health Department states if a private room could not be provided for the remainder of the 10 day quarantine (days 6-10), then the student would not be allowed to reside on campus until the quarantine period is over because they need to be masked at all times when around others indoors. • Students cannot participate in extra-curricular activities during this time. • Test on day 5 after last exposure to positive case (in the health office) and continue to follow IMSA's COVID-19 testing schedule. • STUDENTS – Go to the health office or notify RC by telephone if you develop any symptoms. • STAFF – May return after day 5 with strict mask mitigations. <i>If you develop symptoms, get a PCR COVID-19 test, notify the health office of results, and stay home (follow guidelines below for a positive case, if indicated).</i> <p>The health office will call you on day 4 or 5 to check on your symptoms and clear you to return to campus. DO NOT RETURN WITHOUT SPEAKING TO SOMEONE IN THE HEALTH OFFICE.</p>
<p>If you have tested positive for COVID-19 in the last 90 days:</p> <p>Have had a confirmed Antigen, PCR, or NAAT COVID-19 test within the past 90 days</p>	<ul style="list-style-type: none"> • You do not need to Quarantine. • You must wear a well-fitting mask when you are around others, at all times at IMSA, including outdoors. • Test on day 5 after last exposure to positive case (in the health office) and continue to follow IMSA's COVID-19 testing schedule. • Take precautions around others and monitor your symptoms for 10 days. • STUDENTS - Go to the health office or notify RC by telephone if you develop any symptoms. • STAFF - <i>If you develop symptoms get a test and stay home.</i>

CALCULATING QUARANTINE

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Quarantine full 10 days. Return on Day 11.

If You Tested Positive for COVID-19 (ISOLATE)

If you have just been told you have COVID-19:

Everyone, **regardless of vaccination status**, who has a confirmed Antigen, PCR, or NAAT COVID-19 test **and does not have any COVID-19 symptoms or develop any COVID-19 symptoms during isolation.**

Students, teachers, and staff who **test positive for COVID-19 and never develop symptoms** should isolate for at least 5 days. Day 0 is the day of the positive viral test (based on the date of testing) and day 1 is the first full day after the specimen was collected for the positive test.

- If you continue to have no symptoms, you can end isolation after at least 5 days.
- You should continue to wear a well-fitting mask around others at home and in public for the full 10 days after the positive test. If you are unable to wear a mask when around others, you should continue to isolate yourself for 10 days.
- IMSA will allow students to commute to campus for classes on days 6-10. Strict mask mitigations must be followed. Access to residence halls will be restricted. (A room in one of the residence halls may be available for students who live more than 50 miles from campus, based on availability.)
- Kane County Health Department states if a private room could not be provided for days 6-10, then the student would not be allowed to reside on campus until the quarantine period is over because they need to be masked at all times when around others indoors.
- Avoid people who are immunocompromised or at high risk for at least 10 days.

The health office will call you on day 4 or 5 to check on your symptoms and clear you to return to campus. **DO NOT RETURN WITHOUT SPEAKING TO SOMEONE IN THE HEALTH OFFICE.**

If you develop symptoms after testing positive, the 5-day isolation period should start over. Day 0 is the first day of symptoms.

CALCULATING QUARANTINE

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Quarantine full 10 days. Return on Day 11.

Everyone, **regardless of vaccination status**, who has a confirmed Antigen, PCR, or NAAT COVID-19 test **and has COVID-19 symptoms**.

People who **have COVID-19 and have or develop symptoms** should isolate for at least 5 days after the positive test result or onset of symptoms. To calculate the 5-day isolation period, day 0 is the first day of symptoms or collection date of the positive test. Day 1 is the first full day after their symptoms developed or date of positive test.

- You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).
- You should continue to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. If you are unable to wear a mask when around others, you should continue to isolate yourself for 10 days.
- Kane County Health Department states if a private room could not be provided for the remainder of the 10 day quarantine (days 6-10), then the student would not be allowed to reside on campus until the isolation period is over because they need to be masked at all times when around others indoors.
- IMSA will allow students to commute to campus for classes during this time. Strict mask mitigations must be followed. Access to residence halls will be restricted. (A room in one of the residence halls may be available for students who live more than 50 miles from campus, based on availability.)
- Avoid people who are immunocompromised or at high risk for severe disease until after at least 10 days.
- If you continue to have a fever or other symptoms have not improved after 5 days of isolation, you should wait to end isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. You should continue to wear a well-fitting mask and contact their healthcare provider with questions.

The health office will call you on day 4 or 5 to check on your symptoms and clear you to return to campus. **DO NOT RETURN WITHOUT SPEAKING TO SOMEONE IN THE HEALTH OFFICE.**

CALCULATING QUARANTINE

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Quarantine full 10 days. Return on Day 11.