



December 2022 Newsletter

Student Attendance (630)907-5029 / attendance@imsa.edu

Student Affairs (630)907-5009 / mratsamy@imsa.edu

ITS Helpdesk (630)907-5995 / helpdesk@imsa.edu

2022 - 2023 Student Parent Handbook

2022-2023 ACADEMIC CALENDAR

Who Do I Contact if....

IMPORTANT DATES

- Dec 14 - Cultural Food Showcase Midday in Lexington
- Dec 15 - Pie in Face/CAB Midday in Lexington
- Dec 16 - Photoshoot with Snowman/Props Midday in ITMC
- December 16 Second Quarter Ends
- December 19 - 21 - Final Exams
- December 21 - Downstate Buses, Halls close 5:00pm
- December 21, 2022 - January 7, 2023 - Winter Break - Halls close at 5pm
- December 23, 2022 to January 2, 2023 - Academy Closure Days (NO STAFF/FACULTY ON CAMPUS)
- January 8 - Halls open at 3pm
- January 9 - 13 - Intersession Week
- **Save the date:** Wednesday, January 25, 2023 - Versiti Blood Drive

HELPFUL LINKS

- [Parent/Guardian Travel Information Form](#) (if parent/guardian is traveling out of the country and not available, who is the emergency contact?)
- [Athletics](#)
- [Student Fees](#)
- [LEAD \(Leadership Education\)](#)
- [Service Learning](#)
- [Food Service](#)

Cafeteria Hours

Dining room closes 30 minutes after each meal service ends.

Monday-Friday

Breakfast 7:00am-8:30am

Grab n Go 7:00am-9:00am

Lunch 11:00am-1:00pm

Dinner 5:00pm-7:15pm

Saturday – Sunday

Brunch: 11:00am-1:00pm

Dinner: 5:00pm-6:30pm

- [Academic Support](#)
- [Counseling Service](#) (Student Support, Mental Health Days, Navigation)
- [School Registrar](#) (transcripts, good student insurance forms, academic records)
- [CAC](#) (College and Academic Counseling, Academic Class)
- [Campus Resources](#) (PowerSchool, CANVAS, Naviance, Student Computing Support)

IT'S COLD OUTSIDE and many of our students are seen outside not wearing their coats. Please bring your coats with you when you return from winter break.

A friendly reminder per our Student Parent Handbook, Dress and Grooming on page 44:

Dress, grooming, and personal adornments are forms of self-expression. Every student will be assured of the protected right to dress and groom according to personal preference so long as the student's dress and grooming is not disruptive to the educational process, is not in violation of an applicable law, statute or ordinance, should not be offensive; obscene; represent tobacco, alcohol or drugs; disrupt the school; represent a gang; or endanger other students' health or safety. Students will dress in clothing including covering arms, legs, and feet when outside in weather 32° or below (with or without wind chill). Shoes should be worn at all times, except for in their room. Blankets are not considered clothing and not allowed in the main building.

IT'S ALMOST WINTER BREAK!

As students prepare to depart campus for winter break, please remember:

- Students must complete their campus checkout within 24 hours of their last **final exam**. The only exceptions are:
 - Students taking the downstate bus.
 - Students with a sibling attending IMSA.
- Winter break student checkouts will begin Friday, December 16th.
 - Students must schedule their checkout time with their RC.
 - The student's room and wing clean assignments must be completed by the student's scheduled checkout time. The RC will check before allowing the student to sign out!
 - Students must turn in their key and fob prior to departing campus.
- Students who do not have final exams need to check out of the residence hall by 9:30pm on Monday, December 19th.
- The residence halls close at 5:00pm on Wednesday, December 21st.
 - Students who are still on campus at 4:00pm on Wednesday, December 21st will need to relocate to the main building reception area for check out by 5:00pm.

MEDICATIONS:

Please complete this [form](#) by Thursday, December 15, 2022 if your student takes medication that is stored and administered in the Health Office.

ATC SHUTTLES TIMES:



ATC Shuttle

ATC Shuttle Times	Departs IMSA	Train Departure Time (ATC/Metra)
Friday, 12/16	4:40 pm	5:04 pm
Saturday 12/17	10:40 am	11:20 am
Sunday 12/18	4:40 pm	5:04 pm
Monday 12/19	4:40 pm	5:04 pm
Tuesday 12/20	4:40 pm	5:04 pm



Wednesday, Dec. 21st ATC Shuttle

Departs IMSA	Train Departure from ATC (Metra)
1:40 pm	2:04 pm
2:40 pm	3:04 pm
3:40 pm	4:07 pm
4:10 pm	4:37 pm

LEAD AND SERVICE LEARNING @IMSA:

Service Learning Hours:

Class of 2023: Please take some time over winter break to look at and evaluate your current service learning hours. You are required to have 200 hours of service learning hours before graduation. Please check your email regularly as emails are sent out with more details regarding where your student are at in regards to hours logged in the system.

As always, feel free to reach out to Miss. Emma Wilson, the Coordinator of Student Leadership and Service at ewilson1@imsa.edu or (630) 907-5682.

Looking for Service Opportunities?

Please see the list below of places or organizations that your student can participate in to help their local community this holiday season!

- City of Aurora: Operation Senior Snow Shovel: <https://www.aurora-il.org/2236/Operation-Senior-Shovel>
- Volunteer for your local shelter or food bank
- Offer to assist at holiday events/festivals
- Visit your local nursing home or hospital and bring holiday cheer
- Offer to help shovel the walkways of your local park district or forest preserves

If you happen to get snowed in this winter break, take a look at these virtual opportunities! All virtual opportunities need to be supported with screenshots or certificates of completion and will use Emma Wilson as the coordinator.

- **Smithsonian Institute**– document transcription
- **Vocal ID**– lending your voice to those who do not have one
- **LibriVox**– record chapters for audiobooks
- **Translators without Borders**– translate text or journals
- **Red Cross**– volunteer remotely supporting crisis relief
- **Mask Up Kane County**– working to make masks for healthcare providers and nonprofits in Kane County
- Fundraising for a non-profit, such as the **American Heart Association** (fundraising requires prior approval; email commserve@imsa.edu)
- **United Nations** volunteerism- a variety of opportunities available

LEAD:

THANK YOU SOPHOMORES for a great semester for LEAD! You will receive your elective and room assignments upon return to IMSA after winter break. If you have any additional questions, please reach out to Emma Wilson at ewilson1@imsa.edu.

IMSA SCHOOL NURSE

Rise in Respiratory Illness

The U.S. is experiencing an early and significant rise in respiratory illnesses such as RSV, rhinovirus, influenza, and COVID-19. There is no cure for these illnesses, however, symptoms usually subside within a week to 10 days (a cough may linger a few extra days) with proper care. The best thing your student can do is to take care of themselves while their body heals. For example, drink plenty of liquids, humidify the air, use saline nasal rinses, eat well-balanced meals, and get adequate rest. We understand that it may be difficult for your student to be away from home while they are sick. Here is a list of things that may help them feel more comfortable and better equipped to take care of themselves if they do get sick.

Items that are helpful for students to have on campus:

- At-home COVID-19 tests (see below)
- Kleenex
- Cough drops
- Cans of soup or broth
- Vitamin C
- Hot tea with lemon
- Over-the-counter nasal decongestant tablets or spray*
- Over-the-counter pain reducers (Ibuprofen or Acetaminophen)*
- Disinfectant wipes

*If you use over-the-counter cough and cold medicines, follow the label directions. Don't take two medicines with the same active ingredient, such as an antihistamine, decongestant, or pain reliever. Too much of a single ingredient could lead to an accidental overdose.

We highly recommend that students have at-home COVID-19 tests in their room for use on nights and weekends when the nurse is not here.

- At-home COVID-19 tests are available FREE of charge at any pharmacy with your insurance card.
- You can get up to 8 tests per person on the insurance per month.

Ways to help prevent the spread of illness:

- Wash your hands frequently.
- Self-monitor for symptoms (fever, cough, sore throat, runny nose, fatigue, muscle or body aches, headaches, loss of taste or smell, nausea, vomiting, or diarrhea).
- Immediately isolate or see the nurse if symptoms occur.
- Wear a well-fitting mask when instructed or if you have a sore throat, cough, runny nose, fever, or other respiratory symptoms.
- Notify the health office, or your RC, if you test positive for COVID-19.
- Accurately report all close contacts if you test positive for COVID-19 to stop the spread of illness on campus.
- COVID-19 test weekly on Tuesday in Room B101 from 9:30 a.m. to 4:00 pm.
- Stay up-to-date on COVID-19 vaccinations and booster doses.
- Consider getting the influenza vaccine.

- Take anti-viral medications if prescribed by a physician.



Parent Association Council (PAC)

IMSAPAC.ORG

PARENTS/GUARDIANS MEETINGS: Receive updates, ask questions, and share your feedback PLUS meet/engage with other parents/guardians of your child's grade level! The meetings are held via Zoom or Google Meets. Check the calendar on the [PAC's website](#) for the dates and times.

HELP WANTED FOR HOSPITALITY COMMITTEE: Are you able to assist with ordering and setting up the food for the monthly in-person PAC sessions at IMSA? If so, we could use your help. Please send an email to Info@IMSAPAC.org.

SENIOR BANQUET VOLUNTEERS NEEDED: Planning is underway for the Senior Banquet to be held in June. Parents of sophomores and juniors are encouraged to volunteer so the event can be a special one for this year's seniors and their families. There are ways you can help out whether you live near or far from IMSA and with whatever time availability/constraints you may have. As they say, many hands make light work. Email Info@IMSAPAC.org to volunteer.

NEXT FRIDAY FEST: The next Friday Fest event will be held on Friday, January 27. Information will be emailed to all families in early January. If you are unable to donate food, monetary donations can be made [here](#).

AMAZON SMILE PROGRAM: [Use this link](#) when you purchase from Amazon and Amazon will donate a portion to the PAC (at no additional cost to you). It's an easy way to support the programs organized by the PAC.

DONATE TO THE PAC: Please consider donating to the PAC. Ways to donate can be found [here](#). Feel free to share this information with employers who do matching and other organizations who donate to nonprofit organizations. Donations are used to provide financial assistance to tier 1 and tier 2 families for bus transportation and Senior Banquet tickets and to offset PAC programming costs.

PAC SESSIONS FEEDBACK: Let us know what topics you would like to hear about at future PAC sessions. We would also like your feedback on what you like about the PAC sessions and how we can improve them. Let us know on the form [here](#).

**** Click the event on the [PAC website](#) calendar to add or sync any scheduled event to your personal calendar. ****

Email Info@IMSAPAC.org if you have any questions.



Illinois Mathematics and Science Academy | 1500 Sullivan Road, Aurora, IL 60506

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