

November 2022 Newsletter

Student Attendance (630)907-5029 / attendance@imsa.edu Student Affairs (630)907-5009 / mratsamy@imsa.edu ITS Helpdesk (630)907-5995 / helpdesk@imsa.edu

2022 - 2023 Student Parent Handbook

2022-2023 ACADEMIC CALENDAR

Who Do I Contact if....

IMPORTANT DATES

- November 11 & 12 Diwali & Harambee Culture Show
- November 22 Holiday Break Classes end at 1:55pm Residence Halls close at 5pm
- November 27 Halls open at 3pm
- November 28 Classes Convene
- December 19 21 Final Exams
- December 21 January 7 Winter Break Halls close at 5pm
- January 8 Halls open at 3pm
- January 9 13 Intersession Week

HELPFUL LINKS

- <u>Parent/Guardian Travel Information Form</u> (if parent/guardian is traveling out of the country and not available, who is the emergency contact?)
- Athletics
- <u>Student Fees</u>
- LEAD (Leadership Education)
- Service Learning
- Food Service

Cafeteria Hours

Dining room closes 30 minutes after each meal service ends.

Monday-Friday

Breakfast 7:00am-8:30am Grab n Go 7:00am-9:00am Lunch 11:00am-1:00pm Dinner 5:00pm-7:15pm Saturday – Sunday Brunch: 11:00am-1:00pm

Dinner: 5:00pm-6:30pm

- <u>Academic Support</u>
- <u>Counseling Service</u> (Student Support, Mental Health Days, Navigation)
- School Registrar (transcripts, good student insurance forms, academic records)
- <u>CAC</u> (College and Academic Counseling, Academic Class)
- Campus Resources (PowerSchool, CANVAS, Naviance, Student Computing Support)

IMSA PARENT CANVAS OBSERVER

CAMPUS SECURITY

REMINDER: ALL STUDENTS ARE REQUIRED TO WEAR THEIR CURRENT IMSA ID AT ALL TIMES.

IMPORTANT ACCESS ROAD INFORMATION: Stop arms to drive behind the residence halls via access road became active after the October 2022 extended weekend as an additional safety measure for our residential campus. You will need to have your IMSA parent ID or IMSA visitor's pass issued by Security to gain access to drive behind the residence halls. We have already had visitors drive around the stop arms, **please do not drive around the stop arms!**

Campus Safety and Security Operations follows the process listed below to provide access to our community via access road. The gate with stop arms was an added security feature to limit individual's ability to drive around on campus and have easy access to our community/resident halls which is the most vulnerable area of our community. Prior to the gate, we had delivery people, sometimes with additional passengers, driving recklessly and speeding in their vehicles. This was a necessary step to further our security and protect our community. The parents and I share the same priority of safety for their students.

The following is the process:

No admittance between 6:30pm until the end of school day 4:30pm Monday through Friday.

Exception: Contractors

The gate is open (arm up) on Friday at 4:30pm – 8:00pm for weekend pickup.

The gate is open (arm up) on Sunday at 4:30pm – 8:00pm for weekend drop off.

Outside of these hours you must use the camera/push button

Parents/Guardians requiring other times for pickup/drop off will go to circle drive to meet with student or drop off students and items. This measure has been taken to secure the campus and the safety of our students.











ALL GENDER BATHROOMS IN THE RESIDENCE HALLS

All of the bathrooms in the residence halls common area have been converted to all gender bathrooms. All gender bathrooms are intended for singe use or family use.



LEAD AND SERVICE LEARNING @IMSA:

CLASS of 2025 - The remaining semester's LEAD schedule has shifted. Please see the new schedule below. As always, LEAD is a graduation requirement and attendance to all sessions is mandatory, unless written approval from Miss. Emma Wilson.

November 16th, 2022: CORE X - 8-9:30 pm November 30th, 2022: Module 11 - 8:30-9:30 pm December 7th, 2022: Module 12 - 8:30-9:30 pm

Have Questions? Contact Miss. Emma Wilson at ewilson1@gmail.com

CLASS OF 2023 - Can you believe the 1st semester is nearly over? That means that graduation is coming faster than you think! A reminder that the SERVICE LEARNING HOUR requirement is 200 hours in order to graduate. Please be vigilant in logging service hours right after they are completed so the most updated record is kept at all times. Those that are missing hours, make sure you are checking your email, and responding when appropriate.

Reminder - All approved and validated service learning hours will count toward the two hundred required for graduation. The requirement that a certain number of hours be internal or external has been suspended for the Class of 2023

CLASS OF 2024 & 2025 - The graduation requirement for service learning is two hundred (200) total hours. These hours should be completed prior to spring break of your senior year. Please see the following guidelines for service learning:

- A minimum of thirty (30) hours but no more than one hundred twenty-five (125) hours are to be completed internally, e.g. campus run programs, tutoring IMSA students, serving as a Residential Student Leader, volunteering in specific departments, etc.
- A minimum of seventy-five (75) hours but no more than one hundred seventy (170) hours may be completed externally.
- Fifty (50) hours of the 200 required hours may be completed out of the state/country.

Looking for more information about service learning, including checkpoint recommendations? See the <u>MSA</u> website for a one stop shop of service learning ideas and guidelines"

"Hey IMSA! Interested in developing your skills as a leader? Interested in attending a leadership conference? Be on the lookout for an email from Miss. Emma Wilson with some leadership opportunities next semester (both virtual and in-person!)

IMSA SCHOOL NURSE

Rise in Respiratory Illness

The U.S. is experiencing an early and significant rise in respiratory illnesses such as RSV, rhinovirus, influenza, and COVID-19. There is no cure for these illnesses, however, symptoms usually subside within a week to 10 days (a

cough may linger a few extra days) with proper care. The best thing your student can do is to take care of themselves while their body heals. For example, drink plenty of liquids, humidify the air, use saline nasal rinses, eat well-balanced meals, and get adequate rest. We understand that it may be difficult for your student to be away from home while they are sick. Here is a list of things that may help them feel more comfortable and better equipped to take care of themselves if they do get sick.

Items that are helpful for students to have on campus:

- At-home COVID-19 tests (see below)
- Kleenex
- Cough drops
- Cans of soup or broth
- Vitamin C
- Hot tea with lemon
- Over-the-counter nasal decongestant tablets or spray*
- Over-the-counter pain reducers (Ibuprofen or Acetaminophen)*
- Disinfectant wipes

*If you use over-the-counter cough and cold medicines, follow the label directions. Don't take two medicines with the same active ingredient, such as an antihistamine, decongestant, or pain reliever. Too much of a single ingredient could lead to an accidental overdose.

We highly recommend that students have at-home COVID-19 tests in their room for use on nights and weekends when the nurse is not here.

- At-home COVID-19 tests are available FREE of charge at any pharmacy with your insurance card.
- You can get up to 8 tests per person on the insurance per month.

Ways to help prevent the spread of illness:

- Wash your hands frequently.
- Self-monitor for symptoms (fever, cough, sore throat, runny nose, fatigue, muscle or body aches, headaches, loss of taste or smell, nausea, vomiting, or diarrhea).
- Immediately isolate or see the nurse if symptoms occur.
- Wear a well-fitting mask when instructed or if you have a sore throat, cough, runny nose, fever, or other respiratory symptoms.
- Notify the health office, or your RC, if you test positive for COVID-19.
- Accurately report all close contacts if you test positive for COVID-19 to stop the spread of illness on campus.
- COVID-19 test weekly on Tuesday in Room B101 from 9:30 a.m. to 4:00 pm.
- Stay up-to-date on COVID-19 vaccinations and booster doses.
- Consider getting the influenza vaccine.
- Take anti-viral medications if prescribed by a physician.





NOVEMBER PAC SESSION: You are invited to attend the PAC session on Saturday, November 12 from 10 AM to 11:30 AM either in-person at IMSA in IN2 or via Zoom. The meeting will be held at IMSA and simultaneously shared via Zoom for those unable to attend in-person. Updates will be shared by the PAC and representatives from IMSA. There is also the opportunity for you to ask questions and provide feedback. The details are **here**. Let us know **here** if you are able to attend so we make sure to have enough refreshments on hand. Contact **Info@IMSAPAC.org** if you have any questions.

<u>PARENTS/GUARDIANS MEETINGS</u>: Receive updates, ask questions, and share your feedback PLUS meet/engage with other parents/guardians of your child's grade level! The meetings are held via Zoom or Google Meets.

- Parents of sophomores: Tuesday, November 22 at 8:00 pm led by Rashmi Palamadai, Sophomore Parent Representative more details here
- Parents of juniors: Monday, November 14 at 8:30 pm led by Maitreyee Ghosh, Junior Parent Representative more details here

EASY WAYS TO SUPPORT THE PAC:

- <u>PANERA BREAD FUNDRAISER</u>: Visit Panera Bread on Sunday, November 20 (all day) and show the flyer here for 20% of the sales to be donated to the PAC.
- <u>AMAZON SMILE PROGRAM</u>: Use this link when you purchase from Amazon and Amazon will donate a
 portion to the PAC (at no additional cost to you). It's an easy way to support the programs organized by the
 PAC.
- **DONATIONS:** Are you looking to donate to a nonprofit organization before the end of the year? Does your company have a matching program? Do you know of other organizations that make donations to nonprofit organizations? Find out more **here** about how to donate to the IMSA PAC.

<u>HELP WANTED:</u> Let us know if you are interested in the following positions: Hospitality Committee Co-Chairperson, Senior Banquet Co-Chairperson or Senior Parent Representative by sending an email to Info@IMSAPAC.org.

PAC WEBSITE: Type in www.imsapac.org on your browser and use the navigation menu or search tool to surf our site. We offer a comprehensive calendar of events, an IMSA email repository and PAC updates. *Note:* www.imsapac.org is run and updated by parent/guardian volunteers in the PAC. Make sure to visitwww.imsa.edu for official announcements and information from IMSA.

*** Click the event on the **PAC website** calendar to add or sync any scheduled event to your personal calendar. ***

Email Info@IMSAPAC.org if you have any questions.



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