

STUDENT AFFAIRS

NEWSLETTER



CURIOSITY *comes first.*

October 2023

RESIDENTIAL LIFE

October Fall Break Information

We are a few days from the fall break. In addition to the information that has been shared by the Residence Life staff, here are a few reminders:

- Academic Schedule: Friday is a full day of classes. The academic day ends at 4:20 p.m.
- Students have been informed to sign up for a check-out time with their RC. When the time that the student has signed up for arrives, the student must have their check-out responsibilities completed (their portion of the room cleaned, wing clean assignment completed) and ready to be checked. The items that they are taking with them outside of the room or that are already packed in your vehicle.
- Residence halls close at 1:00 p.m. on Saturday, October 7, 2023. Families will be charged a \$25 late fee for every 5 minutes late.
- Student ID proxy cards and room keys will be collected.

Permissions

Families can update student permissions through their access to PowerSchool. If you would like to provide your student with temporary permission, please contact your student's RC or call your student's respective hall.

HALL PHONE NUMBERS:

1501: (630) 907-5101
1502: (630) 907-5201
1503: (630) 907-5301
1504: (630) 907-5401

1505: (630) 907-5501
1506: (630) 907-5601
1507: (630) 907-5701

Visitor Access

As a reminder, if you had your picture taken for a parent ID prior to today, you can go to the security desk to pick it up. If you are the parent or guardian of an upperclassman, you do not have to get a new parent ID printed with your student's current housing assignment.

All visitors, parents, and guardians must have either a parent ID or an IMSA visitor badge to enter the academy buildings (including the residence halls). To check out your student, you must show your parent ID or IMSA visitor's pass and your driver's license. The Residence Life staff will then check that the person checking out your student has documented permission in Powerschool. The Residence Life staff will not release your student without checking permissions and confirming that the person has a parent ID or IMSA visitor badge. We thank you in advance for your patience.

If you need a parent ID, you can request one at the security desk.

ATC Shuttles

Friday, October 6

If your student is taking the 1:40 p.m. or 3:05 p.m. shuttles, you must contact attendance to excuse your student from checking out for the ATC during the academic day. Due to the limited fob access, students taking these shuttles will have the opportunity to bring their personal bags or luggage to the main building for them to retrieve before loading the shuttle. When students sign up for the 1:40 p.m. ATC shuttle, they should inform the RC if they are interested in taking advantage of this option. This is an option, not a requirement. Please note that the shuttles will leave on time.

Departs IMSA	Train (Drop-off)
1:40 p.m.	2:04 p.m.
3:05 p.m.	3:40 p.m.
5:30 p.m.	6:04 p.m.

Saturday, October 7

Departs IMSA	Train (Drop-off)
8:05 a.m.	9:20 a.m.
9:50 a.m.	10:20 a.m.
11:50 a.m.	12:20 p.m.

Student Return ATC Shuttle

Sunday, October 15, ATC pick up at 6:01 p.m. and 7:01 p.m.; shuttles will wait 15 minutes before returning.

ATC Student Guidelines (this has been shared with your student during 10:00 p.m. announcements this week):

- Students will need parent/guardian permission. If families need to make the ATC permanent, please contact Student Life at 630.907.5009.
- Students can sign up on Thursdays (or the day before) for the ATC shuttle.
- The ATC shuttle departs from IMSA and leaves on the dot, as we want students to catch their train.
- Students signing up for an ATC shuttle must also sign up for a return time.
- All students taking the ATC should have their RC office number saved on their phones in case they change their plans to return by train.
- Always check the train schedule; routes are subject to change. [Metra Train](#) Schedule: Here is the link for the regular train schedule.

HEALTH OFFICE

Medications for Extended Break

The Health Office will package and send 15 doses of each student's medication for the October Extended break.

- This is contingent on us having 15 doses to send. We are including extra doses in case a student gets sick while at home and needs to stay home for extra days. You may return the extra doses after the break if they are not used.
- The parent/guardian must pick up the medication from the Hall RC when they sign their student out.
- Where to get your medications:
 - Friday before 3:00 p.m., come to the health office.
 - Friday after 3:00 p.m., get them from the Hall RC.
 - Downstate Bus - from the nurse at the Bus loading area.
- Just to remind you, medications should always be delivered by an adult and given to another adult on campus unless the student uses public transportation or the downstate buses.

Please do not return to campus after the extended if you have a fever over 100.0, have been vomiting, or have had frequent diarrhea episodes within 24 hours before return. If you have cold symptoms, please take a COVID test before returning. If you have questions or concerns, please email nurse@imsa.edu.

Safe Medication Usage

The Health Office is working to educate students on safe medication usage and practice, including prescription, over-the-counter medications, vitamins, herbs, and supplements. Each month, I will put a few medication safety tips in the newsletter for you to use in conversations with your students. The goal is to help students understand the importance of medication safety and encourage them to be independent in their health care.

Tip 1 - Honesty is the best policy: Tell your healthcare provider about every

single medication you take (prescriptions and over-the-counter, as well as vitamins and supplements). Medication interactions can be dangerous and are avoidable. There is also the possibility that one can cancel the other's effects or that certain foods may cause interactions. Keep an updated list with you at all times in case of an emergency. The list should include the name of the medication, the strength, dose, and time taken. When going to the doctor, take all medication bottles to the appointment. At IMSA, we are having students bring their medication bottles into the health office so we can help students identify safe and unsafe medication practices.

Tip 2 - Neither a borrower nor a lender: Do not share medications with anyone, even though it appears that you have the same symptoms. Others might be on medications that interfere with the one you are lending them. Medications that are safe for one person may not be safe for another person.

FOOD SERVICES

October Fall Break Hours

Friday, October 6, 2023: Regular hours for service.

Saturday, October 7, 2023: Hot breakfast service from 8:30 a.m. to 10:30 a.m.

Sunday, October 15, 2023: Campus will reopen at 3:00 p.m. Regular dinner service times.

[View the Food Service Website](#)

ATHLETICS & CO-CURRICULARS



Debate Team

Congrats to the Debate Team and our new Coach Leonard Leeon their 1st Place finish at the Elk Grove ICDA -1 Tournament this past weekend. IMSA students received 1st Place Best Legislation and three Best Presiding Officer Awards.

COUNSELING SERVICES

Meet Airianna Quintanilla

Airianna is a Temporary Counselor until the end of the Fall 2023 Semester.

"I am excited to join IMSA as a Temporary Counselor in my hometown! I know the importance of building foundational academic and social-emotional skills at this age and how these skills can last a lifetime. I am humbled by the opportunity to impact a student's life positively! I am here to support and advocate for all students' needs/rights and ensure that parents are informed about various available supports.



I provide a welcoming environment where my clients are unconditionally accepted and, through building a strong therapeutic relationship, feel

comfortable to be their authentic selves. I recognize that it takes courage to seek out support. I utilize an integrative blend of therapies, including Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Mindfulness, Solution Focused Therapy, Psychodynamic, and Psychoeducation, while being trauma-informed.

I have had the privilege of working in a residential substance use treatment facility where I worked with Adults who suffered from substance use disorders. I have also encountered interactions with law enforcement, child welfare, domestic violence, and working with at-risk youth. These interactions have allowed me to provide case management, counseling, court services, individual and group therapy with Adults and Adolescents. Due to working with a vast array of clientele, I now serve clients in a private practice setting in Elburn. I have found the power in a therapeutic relationship can create positive and healthy relationships to help individuals become more confident and successful as they navigate their lives." - Airianna

STUDENT LEADERSHIP



The Leadership Education and Development (LEAD) program has kicked its semester into full swing. In the peer-teaches-peer learning model, the Class of 26 has explored leadership styles including relational, emotional intelligence, community, and leadership theory history. Students have also been introduced to intersectionality, networking/interviewing, and conflict management. The LEAD team is excited to continue their work as we progress throughout the rest of the semester.

Do you have questions about the LEAD program? [Please see our webpage here!](#)



LEAD Facilitators practicing an activity to better understand the Relational Leadership model.



LEAD classroom participating in an activity labeled Shape Shifter.

SERVICE LEARNING

Students have volunteered for a total of 5,600 service learning hours from July 1, 2023, until now! Exciting opportunities of external opportunities and meaningful service provided to local communities, as well as internal opportunities here at IMSA, are in full swing. Seniors will receive an email before fall break indicating where they are with their hours; please be on the lookout for that email and talk to your seniors about their plan for completion before May 24, 2023, for submission and approval before graduation. Have questions? Please reach out to me via email at ewilson1@imsa.edu.



Eliza Valikaj-Stringer '26 instructs youth ice skating for the Oak Park Park District—photo provided through Helper Helper from Eliza Valikaj-Stringer.



Submit Your Order

Titan To Go is a resource for students to discreetly order basic toiletries when they cannot replace them before a trip home. Students may select from the following items:

- Shampoo and Conditioner
- Toothpaste and Toothbrushes
- Dental Floss
- Deodorant
- Menstrual products
- Hand soap
- Body lotion
- Facial tissues
- Lip balm
- Contact lens cases

Requests are confidential and can be made by clicking on the button below. Requests received by 8:00 a.m. will be processed daily, Monday through Friday. You will pick up your items in a Smart Locker once you receive a notification that your package has been scanned in.

For more information, contact Michelle Bemis, Volunteer Coordinator for Titan To Go at mbemis@imsa.edu.

Jobs at IMSA

IMSA students are the best and brightest, and we're always looking for the best and brightest employees. If you or someone you know is job searching, please feel free to share our career page with them for a full list of job openings.

Some of the positions we are currently looking to hire for include:

- Resident Counselor
- Security Officers
- Computer Science and Curriculum Design Specialist
- German Faculty

Quick Links

[Full Calendar of Events](#)

[Parent/Guardian Travel Information Form](#)

Complete the form above when parents/guardians plan to be out of contact for any reason, especially overseas travel. When the form is submitted, it will automatically be sent to all residential staff members in the student's building, who will contact the sender.

ILLINOIS MATHEMATICS AND SCIENCE ACADEMY

Office of Student Affairs

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*To ignite and nurture creative, ethical, scientific minds
that advance the human condition.*



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